Viruses do not target based on race, nationality or ethnicity.

Individuals of Asian Descent are not more likely to get or spread the virus. COVID-19 started in Wuhan, China, but geographic origin does not correlate with vulnerability to illness.

Wearing a mask does not mean a person is ill.

Masks are not exclusively worn because of illness. Cultural and social standards, air pollution and pollen are all reasons someone may wear a mask.

Take the steps to educate yourself.

To ensure that you aren’t spreading false information, stay informed through reputable sources such as:

- IDPH: https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus
- WHO: https://www.who.int/emergencies/diseases/novel-coronavirus-2019

Speak up if you hear misinformation or harassment.

Don’t be afraid to gently correct someone who is reinforcing the stigma surrounding COVID-19. If you witness or experience harassment on campus, consider reporting it to the Office of Equal Opportunity.

Demonstrate courtesy, sensitivity and respect.

Iowa State University is committed to being a welcoming and inclusive campus. Show compassion to those who have returned from being abroad or are worried about friends and family being affected by COVID-19.